

<b>TITLE</b>	<b>Update from Board members</b>
<b>FOR CONSIDERATION BY</b>	Health and Wellbeing Board on 14 August 2014
<b>WARD</b>	None Specific

Update for Health & Wellbeing Board 14 August 2014

### Reports

#### ▪ Wokingham Residents use of the foodbank

A survey of 31 clients, looking into the impact Foodbank has on their lives, showed very striking benefits. The survey was conducted over a three month period across March-June 2014, where Foodbank gave out 185 food parcels.

The majority of recipients were single people and single parent families, many with no permanent home. 81% of participants commented that the overwhelming benefit from the help they received was on their mental health; reducing stress levels and allowing breathing space to cope and deal with issues.

The report highlights that the majority of clients do not wish to remain reliant on charitable aid but want to become self-sufficient and in employment. <http://www.healthwatchwokingham.co.uk/resources/foodbank-report>

#### ▪ Feedback report to public health team about their engagement

Healthwatch attended 8 of the 17 public health community ward events last month. Public turnout was very low. We sent a report to the Public Health team and suggested some considerations going forward around communication, evaluation & adaptation of workshops and using existing networks.

### Projects

#### ▪ Enter and View visits

We have undertaken 2 visits to care homes; Alexandra Grange in Molly Millars Lane & Alexander Place in Woodley. Reports to be released soon.

#### ▪ Accessing Information on health and social care

We are constantly told how difficult people find it to access information. We are working in partnership with Wokingham Information Network and the MICE bus driver on a piece of work looking at how people access information

#### ▪ Eye Health

We were part of the inaugural Thames Valley Eye Health Network last month. The Eye People, independent Opticians in Market Place, became information distributors for us. We carried out a brief survey that fed into our response to the national Call to Action "Improving Eye Care & Reducing Sight Loss" due to close 12 Sep 2014.

#### ▪ Hearing the views of children and young people

Due to carry out 4 assemblies on 4 consecutive days at St Crispin's school. Will survey 800 pupils about their emotional health & wellbeing. Produced a Healthwatch You Tube video and about to launch our young people's webpage.

**healthwatch**  
Wokingham Borough

